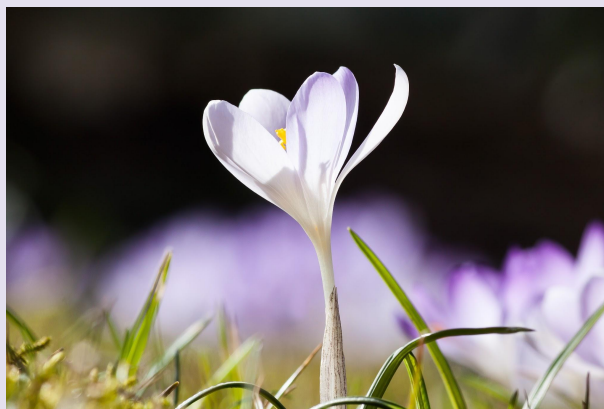


Women's Awakening Group



Are you learning new things about yourself that leave you with some questions? Have you found yourself in a relationship wondering how on earth you got there? Do you feel like TikTok knows you a little too well? Do you just want more out of your life? We're here to help. This group is led by two women therapists who have made big life changes, been deep in the trenches, and come out the other side. This group is open to anyone who identifies as a woman!

Led by:

Jessica MacNair, MA, LPC

Jessica is the Owner/Founder of Falls Church Wellness Center and Co-Owner of Wineberry Wellness Retreats, a therapist of 20+ years, and an all around bad-ass woman.

Kimberly Anderson, MA, MFA, MFT

Kimberly is the Co-Owner of Wineberry Wellness Retreats, a therapist of 7+ years, University Professor, and an all around bad-ass woman.

Tuesdays 6:00pm-7:15pm starting October 10th

Falls Church Wellness Center

520 N. Washington Street First Floor

Falls Church, VA 22046

Cost: \$110 per session

To register, contact jessicamacnair@gmail.com or 571-335-0423